

THE LAMPLIGHTERS  
~ SINCE 1760 ~

## Main Menu

Served Monday – Friday 12pm-2.30pm, 5.30pm – 9pm

Saturday 12pm – 9pm Sunday 12pm – 6pm

## LIGHT BITES

Sesame Chicken strips - Breaded Chicken with sesame seeds £5.95

Calamari – Lightly dusted salt and pepper £5.95

Nachos to share – Tortilla chips with sour cream and spicy salsa, all topped with

Melted cheese (V) £8.95

## BURGERS

All burgers come in a sesame topped bun, with chips.

Upgrade to sweet potato fries for £1.50

Cheese – 6oz beef burger, cheese, lettuce, beef tomato and burger sauce £10.95

Chicken - crispy sesame coated chicken, lettuce, beef tomato and mayo £10.95

Veggie – Spiced butternut squash and quinoa burger, lettuce, beef tomato and onion chutney £10.95

## MAINS

Sausage and mash – Cumberland pork sausages, mashed potatoes gravy and garden peas £9.95  
Vegetarian sausages available

Thai red curry – Authentic style Thai sauce with coconut, green beans, red pepper, chilli, water chestnuts and basmati rice (vg) £9.95 add chicken £2.50

Chicken and bacon salad – marinated chicken breast, tossed with mix leaf salad, cucumber, tomato and honey and mustard dressing £9.95

Fish and Chips – Cod fillet battered in house, chips, peas and tartar sauce £10.95

Ham, egg and chips – Ham served with chips, garden peas and fried egg £10.95

Scampi and chips – Whole tail scampi, chips, garden peas and tartar sauce £10.95

**Upgrade to fries £1.50 or Sweet potato fries £2**

BLT Sandwich – Bacon, lettuce, beef tomato and mayo £7.50

Fish finger sandwich – Homemade battered goujons, lettuce and tartar sauce £7.90

Sausage sandwich – Cumberland sausage, fried onion and ketchup £7.50

Cheese and pickle sandwich – Cheddar cheese, pickle and beef tomato £6.90

## SIDES

Sides - Chips £2.95 – Sweet potato fries £3.95 – Onion rings £2.95

## KIDS

Sausage, chips and peas - Chicken strips, chips and peas or Fish goujons, chips and peas £7.50 all served with a drink, orange or blackcurrant squash or apple or orange juice

## Desserts

Bread & butter pudding, Chocolate fudge cake, Rocky road brownie, New York cheesecake

or ice cream £5.25

All our food is prepared in a kitchen where cross-contamination may occur and our menu descriptions do not include all ingredients. Full allergen information is available upon request, if you have any questions, food Allergy or intolerances, please let us know before placing your order. Our fish has been carefully filleted; however, some small bones may remain. V= made with vegetarian ingredients, VG= made with vegan ingredients, however some of our preparation and cooking methods could affect this. If you require more information please ask your server. Weights stated are approximate uncooked weights.